

**“For** I was hungry and you fed me; I was thirsty and you gave me water; I was a stranger and you invited me into your home..... **When** you did it to these my brother you were doing it to me.” *Matthew 25: 35 & 40b*

**VEGETABLES**

Green Beans  
Green Peas  
Wax Beans  
Kidney Beans  
Garbanzo Beans  
Peas & Carrots  
Beets  
Whole Kernel Corn  
Cream Style Corn  
Butter Beans  
Pinto Beans  
Tomatoes  
Tomato Paste  
Tomato Puree  
Navy Beans

**SOUPS**

Chicken Noodle  
Cream of Chicken  
Cream of Mushroom  
Tomato  
Bean  
Potato  
Split Pea  
Dry Mixes

**JUCIES**

Apple  
Tomato  
Orange  
Grapefruit  
Cranberry  
Ocean Spray Mixes  
Tropicana Mixes  
Pineapple

**CEREALS**

Any

**FRUIT**

Fruit Cocktail  
Peaches  
Pears  
Apricots  
Applesauce  
Pineapple

**MEATS**

Beef Stew  
Chili  
Spam  
Tuna  
Salmon

**FLOUR**

Pancake  
Self Rising  
Regular Flour

**HOUSEHOLD ITEMS**

Dishwashing Soap  
Face Soap  
Toilet Tissue  
Bar Soap  
Toothpaste  
Shampoo  
Deodorant

**MISCELLANEOUS**

Tea  
Coffee  
Peanut Butter  
Powdered Milk  
Evaporated Milk  
Jello  
Pudding  
Rice  
Jelly  
Crackers  
Catsup  
Hamburger Helper  
Tuna Helper

**DRY OR CANNED FOODS**

Beans  
Macaroni  
Pork & Beans  
Macaroni & Cheese  
Noodles  
Spaghetti  
Tamales

Please fill a bag (or two) with items from the list above  
and return to the ROC foyer or to the Church office  
by **Sunday, December 18<sup>th</sup>.**